Search for thistle found 160 matches:

**Carduus sp.**
Thistle; Asteraceae
Luiseno Food (Unspecified)
Raw buds eaten for food.

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**Carduus sp.**
Thistle; Asteraceae
Luiseno Food (Vegetable)
Plant used as greens.

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**Centaurea americana Nutt.**
American Star Thistle; Asteraceae
Kiowa Drug (Dermatological Aid)
Poultice of leaves applied to skin sores.

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**Centaurea melitensis L.**
Maltese Star Thistle; Asteraceae
Mahuna Drug (Kidney Aid)
Plant used for the kidneys.

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**Cirsium altissimum (L.) Hill**
Tall Thistle; Asteraceae
Cherokee Drug (Analgesic)
Infusion of leaves taken for neuralgia.
Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

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**Cirsium altissimum (L.) Hill**
Tall Thistle; Asteraceae
Cherokee Drug (Gastrointestinal Aid)
Warm infusion of roots taken to help person who overeats.
Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

**Cirsium altissimum (L.) Hill**
Tall Thistle; Asteraceae
Cherokee Drug (Poultice)
Roots used as poultice and decoction of bruised plant used to poultice sore jaw.
Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

**Cirsium arvense (L.) Scop.**
Canadian Thistle; Asteraceae
Abnaki Drug (Anthelmintic)
Used as a vermifuge.

**Cirsium arvense (L.) Scop.**
Canadian Thistle; Asteraceae
Abnaki Drug (Pediatric Aid)
Decoction of roots used by children for worms.
Canadian **Thistle**; Asteraceae
Iroquois Drug (Oral Aid)
Infusion of roots used for mouth sickness.
Rousseau, Jacques 1945 Le Folklore Botanique De Caughnawaga. Contributions de l'Institut botanique l'Universite de Montreal 55:7-72 (p. 63)

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**Cirsium arvense (L.) Scop.**
Canadian **Thistle**; Asteraceae
Mohegan Drug (Oral Aid)
Infusion of leaves used as a mouthwash for infants.

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**Cirsium arvense (L.) Scop.**
Canadian **Thistle**; Asteraceae
Mohegan Drug (Pediatric Aid)
Infusion of leaves used as a mouthwash for infants.

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**Cirsium arvense (L.) Scop.**
Canadian **Thistle**; Asteraceae
Mohegan Drug (Pulmonary Aid)
Plant used for lung trouble.

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**Cirsium arvense (L.) Scop.**
Canadian **Thistle**; Asteraceae
Mohegan Drug (Tuberculosis Remedy)
Decoction of plant taken for consumption.

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**Cirsium arvense (L.) Scop.**
Canadian **Thistle**; Asteraceae
Montagnais Drug (Tuberculosis Remedy)
Decoction of plant used for consumption.
**Cirsium arvense (L.) Scop.**
Canadian Thistle; Asteraceae
Montagnais Drug (Tuberculosis Remedy)
Decoction of plant taken for consumption.

**Cirsium arvense (L.) Scop.**
Canadian Thistle; Asteraceae
Ojibwa Drug (Gastrointestinal Aid)
Plant used as a "bowel tonic."

**Cirsium brevistylum Cronq.**
Clustered Thistle; Asteraceae
Cowichan Food (Unspecified)
Large taproots peeled and eaten raw or cooked.

**Cirsium brevistylum Cronq.**
Clustered Thistle; Asteraceae
Hesquiat Food (Unspecified)
Flower heads chewed to get the nectar.

**Cirsium brevistylum Cronq.**
Clustered Thistle; Asteraceae
Saanich Food (Unspecified)
Large taproots peeled and eaten raw or cooked.
Nitinaht Fiber (Clothing)
Down spun with yellow cedar inner bark and used for baby clothing.

**Cirsium brevistylum Cronq.**
Clustered Thistle; Asteraceae
Nitinaht Other (Protection)
Leaves or roots dried and placed around the house for protection from evil influences.

**Cirsium brevistylum Cronq.**
Clustered Thistle; Asteraceae
Saanich Other (Protection)
Sharp leaves placed in bathwater for protection from evil spirits, particularly before feasts.

**Cirsium calcareum (M.E. Jones) Woot. & Standl.**
Cainville Thistle; Asteraceae
Hopi Drug (Anthelmintic)
Plant used as a worm remedy.

**Cirsium calcareum (M.E. Jones) Woot. & Standl.**
Cainville Thistle; Asteraceae
Hopi Drug (Dermatological Aid)
Plant used for itching.

**Cirsium calcareum (M.E. Jones) Woot. & Standl.**
Cainville Thistle; Asteraceae
Hopi Drug (Laxative)
Plant used as a laxative.

**Cirsium calcareum (M.E. Jones) Woot. & Standl.**
**Cirsium calcareum (M.E. Jones) Woot. & Standl.**
Cainville Thistle; Asteraceae
Navajo, Ramah Drug (Eye Medicine)
Cold infusion of root used as a wash for sore eyes.

**Cirsium occidentale var. californicum (Gray) Keil & C. Turner**
California Thistle; Asteraceae
Kawaiisu Food (Unspecified)
Spring stems skinned and eaten raw.
Zigmond, Maurice L. 1981 Kawaiisu Ethnobotany. Salt Lake City. University of Utah Press (p. 20)

**Cirsium congdonii Moore & Frankton**
Rosette Thistle; Asteraceae
Kawaiisu Food (Unspecified)
Spring stalks peeled and eaten raw.
Zigmond, Maurice L. 1981 Kawaiisu Ethnobotany. Salt Lake City. University of Utah Press (p. 20)

**Cirsium discolor (Muhl. ex Willd.) Spreng.**
Field Thistle; Asteraceae
Cree Drug (Dermatological Aid)
Poultice of root paste applied to linen cloths and bound to the wound.
Beardsley, Gretchen 1941 Notes on Cree Medicines, Based on Collections Made by I. Cowie in 1892. Papers of the Michigan Academy of Science, Arts and Letters 28:483-496 (p. 490)

**Cirsium discolor (Muhl. ex Willd.) Spreng.**
Field Thistle; Asteraceae
Iroquois Drug (Dermatological Aid)
Compound decoction of roots taken or poultice of roots applied to boils.
**Cirsium discolor (Muhl. ex Willd.) Spreng.**
Field Thistle; Asteraceae
Iroquois Drug (Hemorrhoid Remedy)
Compound decoction of plants taken for piles.

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**Cirsium discolor (Muhl. ex Willd.) Spreng.**
Field Thistle; Asteraceae
Meskwaki Drug (Analgesic)
Infusion of root used for stomachaches.

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**Cirsium discolor (Muhl. ex Willd.) Spreng.**
Field Thistle; Asteraceae
Meskwaki Drug (Gastrointestinal Aid)
Infusion of root taken for stomachache.

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**Cirsium drummondii Torr. & Gray**
Dwarf Thistle; Asteraceae
Atsugewi Food (Unspecified)
Young, raw stalks used for food.

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**Cirsium drummondii Torr. & Gray**
Dwarf Thistle; Asteraceae
Cahuilla Food (Unspecified)
Bud, at the base of the thistle, used for food.
Bean, Lowell John and Katherine Siva Saubel 1972 Temalpakh (From the Earth); Cahuilla Indian Knowledge and Usage of Plants. Banning, CA. Malki Museum Press (p. 55)

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**Cirsium drummondii Torr. & Gray**
Dwarf Thistle; Asteraceae
Gosiute Food (Unspecified)
Stems formerly used for food.
Cirsium eatonii (Gray) B.L. Robins.
Eaton's Thistle; Asteraceae
Gosiute Drug (Dermatological Aid)
Plant used for wounds, cuts or sores.

Cirsium edule Nutt.
Edible Thistle; Asteraceae
Cheyenne Food (Special Food)
Young stems eaten raw as a "luxury food."

Cirsium edule Nutt.
Edible Thistle; Asteraceae
Cheyenne Food (Unspecified)
Tender, spring shoots eaten raw.

Cirsium edule Nutt.
Edible Thistle; Asteraceae
Cheyenne Food (Unspecified)
Peeled stem used for food.
Grinnell, George Bird 1972 The Cheyenne Indians - Their History and Ways of Life Vol.2. Lincoln. University of Nebraska Press (p. 191)

Cirsium edule Nutt.
Edible Thistle; Asteraceae
Hoh Food (Vegetable)
Young shoots eaten as greens.
Reagan, Albert B. 1936 Plants Used by the Hoh and Quileute Indians. Kansas Academy of Science 37:55-70 (p. 69)

Cirsium edule Nutt.
Edible Thistle; Asteraceae
Okanagon Food (Unspecified)
Roots boiled and used for food.

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**Cirsium edule Nutt.**
Edible Thistle; Asteraceae
Quileute Food (Vegetable)
Young shoots eaten as greens.
Reagan, Albert B. 1936 Plants Used by the Hoh and Quileute Indians. Kansas Academy of Science 37:55-70 (p. 69)

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**Cirsium edule Nutt.**
Edible Thistle; Asteraceae
Thompson Food (Dried Food)
Roots dried and stored for future use.

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**Cirsium edule Nutt.**
Edible Thistle; Asteraceae
Thompson Food (Soup)
Dried roots rehydrated, scraped, chopped and cooked in stews.

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**Cirsium edule Nutt.**
Edible Thistle; Asteraceae
Thompson Food (Unspecified)
Roots boiled and used for food.

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**Cirsium edule Nutt.**
Edible Thistle; Asteraceae
Thompson Food (Unspecified)
Fresh roots eaten cooked.
Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany:
**Cirsium hookerianum Nutt.**  
White **Thistle;** Asteraceae  
Okanagon Food (Unspecified)  
Roots boiled and used for food.  

**Cirsium hookerianum Nutt.**  
White **Thistle;** Asteraceae  
Thompson Food (Dried Food)  
Roots dried and stored for future use.  

**Cirsium hookerianum Nutt.**  
White **Thistle;** Asteraceae  
Thompson Food (Dried Food)  
Dried roots rehydrated, scraped, chopped and cooked in stews.  

**Cirsium hookerianum Nutt.**  
White **Thistle;** Asteraceae  
Thompson Food (Unspecified)  
Roots boiled and used for food.  

**Cirsium hookerianum Nutt.**  
White **Thistle;** Asteraceae  
Thompson Food (Unspecified)  
Deep, thick roots cooked and eaten.  
Steedman, E.V. 1928 The Ethnobotany of the Thompson Indians of British Columbia. SI-BAE Annual Report #45:441-522 (p. 480)
**Cirsium hookerianum Nutt.**
White Thistle; Asteraceae
Thompson Food (Unspecified)
Fresh roots eaten cooked.

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**Cirsium horridulum Michx.**
Yellow Thistle; Asteraceae
Houma Drug (Dermatological Aid)
Infusion of leaves and root in whiskey recognized as a strong astringent.
Speck, Frank G. 1941 A List of Plant Curatives Obtained From the Houma Indians of Louisiana. Primitive Man 14:49-75 (p. 57)

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**Cirsium horridulum Michx.**
Yellow Thistle; Asteraceae
Houma Drug (Expectorant)
Infusion of leaf and root in whiskey taken to clear phlegm from lungs and throat.
Speck, Frank G. 1941 A List of Plant Curatives Obtained From the Houma Indians of Louisiana. Primitive Man 14:49-75 (p. 57)

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**Cirsium horridulum Michx.**
Yellow Thistle; Asteraceae
Houma Drug (Throat Aid)
Infusion of leaves and root in whiskey taken to clear throat and lungs of phlegm.
Speck, Frank G. 1941 A List of Plant Curatives Obtained From the Houma Indians of Louisiana. Primitive Man 14:49-75 (p. 57)

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**Cirsium horridulum Michx.**
Yellow Thistle; Asteraceae
Houma Food (Unspecified)
Tender, white hearts eaten raw.
Speck, Frank G. 1941 A List of Plant Curatives Obtained From the Houma Indians of Louisiana. Primitive Man 14:49-75 (p. 57)

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**Cirsium horridulum Michx.**
Yellow Thistle; Asteraceae
Seminole Other (Hunting & Fishing Item)
Plant used to make blowgun darts.
Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 507)

**Cirsium neomexicanum Gray**
New Mexico Thistle; Asteraceae
Navajo Drug (Febrifuge)
Plant used for chills and fevers.
Elmore, Francis H. 1944 Ethnobotany of the Navajo. Sante Fe, NM. School of American Research (p. 96)

**Cirsium neomexicanum Gray**
New Mexico Thistle; Asteraceae
Navajo, Ramah Drug (Eye Medicine)
Cold infusion of root used as a wash for eye diseases.

**Cirsium neomexicanum Gray**
New Mexico Thistle; Asteraceae
Navajo, Ramah Drug (Panacea)
Root used as a "life medicine."

**Cirsium neomexicanum Gray**
New Mexico Thistle; Asteraceae
Navajo, Ramah Drug (Panacea)
Cold infusion of plant taken when one "feels bad all over."

**Cirsium neomexicanum Gray**
New Mexico Thistle; Asteraceae
Navajo, Ramah Drug (Veterinary Aid)
Cold infusion of root used as a wash for livestock with eye diseases.
**Cirsium neomexicanum** Gray  
New Mexico Thistle; Asteraceae  
Yavapai Food (Unspecified)  
Raw, peeled stems used for food.  

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**Cirsium occidentale (Nutt.) Jepson**  
Cobwebby Thistle; Asteraceae  
Kawaiisu Food (Unspecified)  
Spring stems skinned and eaten raw.  
Zigmond, Maurice L. 1981 Kawaiisu Ethnobotany. Salt Lake City. University of Utah Press (p. 20)

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**Cirsium occidentale (Nutt.) Jepson**  
Cobwebby Thistle; Asteraceae  
Tubatulabal Food (Unspecified)  
Stalks used extensively for food.  

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**Cirsium ochrocentrum** Gray  
Yellowspine Thistle; Asteraceae  
Kiowa Drug (Burn Dressing)  
Decoction of blossoms used as wash for burns.  

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**Cirsium ochrocentrum** Gray  
Yellowspine Thistle; Asteraceae  
Kiowa Drug (Dermatological Aid)  
Decoction of blossoms used as wash for sores.  

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**Cirsium ochrocentrum** Gray  
Yellowspine Thistle; Asteraceae  
Zuni Drug (Contraceptive)  
Infusion of root taken by both partners as a contraceptive.  
Camazine, Scott and Robert A. Bye 1980 A Study Of The Medical Ethnobotany Of The Zuni Indians of New Mexico. Journal of Ethnopharmacology 2:365-388 (p. 374)
**Cirsium ochrocentrum Gray**
Yellowspine *Thistle*; Asteraceae
Zuni Drug (Diaphoretic)
Infusion of whole plant taken as a diaphoretic for syphilis.
Stevenson, Matilda Coxe 1915 Ethnobotany of the Zuni Indians. SI-BAE Annual Report #30 (p. 44, 45)

**Cirsium ochrocentrum Gray**
Yellowspine *Thistle*; Asteraceae
Zuni Drug (Diuretic)
Infusion of whole plant taken as a diuretic for syphilis.
Stevenson, Matilda Coxe 1915 Ethnobotany of the Zuni Indians. SI-BAE Annual Report #30 (p. 44, 45)

**Cirsium ochrocentrum Gray**
Yellowspine *Thistle*; Asteraceae
Zuni Drug (Emetic)
Infusion of whole plant taken as an emetic for syphilis.
Stevenson, Matilda Coxe 1915 Ethnobotany of the Zuni Indians. SI-BAE Annual Report #30 (p. 44, 45)

**Cirsium ochrocentrum Gray**
Yellowspine *Thistle*; Asteraceae
Zuni Drug (Misc. Disease Remedy)
Infusion of fresh or dried root taken three times a day for diabetes.
Camazine, Scott and Robert A. Bye 1980 A Study Of The Medical Ethnobotany Of The Zuni Indians of New Mexico. Journal of Ethnopharmacology 2:365-388 (p. 374)

**Cirsium ochrocentrum Gray**
Yellowspine *Thistle*; Asteraceae
Zuni Drug (Venereal Aid)
Infusion of whole plant taken for syphilis.
Stevenson, Matilda Coxe 1915 Ethnobotany of the Zuni Indians. SI-BAE Annual Report #30 (p. 44, 45)

**Cirsium ochrocentrum Gray**
Yellowspine *Thistle*; Asteraceae
Zuni Drug (Venereal Aid)
Infusion of whole plant taken for syphilis.
Camazine, Scott and Robert A. Bye 1980 A Study Of The Medical Ethnobotany Of The Zuni Indians of New Mexico. Journal of Ethnopharmacology 2:365-388 (p. 374)
**Cirsium ochrocentrum Gray**
Yellowspine **Thistle**; Asteraceae
Kiowa Food (Unspecified)
Roots used for food.

**Cirsium ochrocentrum Gray**
Yellowspine **Thistle**; Asteraceae
Kiowa Food (Unspecified)
Roots used for food.

**Cirsium ochrocentrum Gray**
Yellowspine **Thistle**; Asteraceae
Kiowa Other (Protection)
Blossoms used to cover graves of those recently buried to keep the wolves from digging up the body.

**Cirsium ochrocentrum Gray**
Yellowspine **Thistle**; Asteraceae
Kiowa Other (Protection)
Blossoms used to cover graves of those recently buried to keep the wolves from digging up the body.

**Cirsium pallidum Woot. & Standl.**
Pale **Thistle**; Asteraceae
Keres, Western Drug (Diuretic)
Roots used as a diuretic.
Swank, George R. 1932 The Ethnobotany of the Acoma and Laguna Indians. University of New Mexico, M.A. Thesis (p. 37)

**Cirsium pallidum Woot. & Standl.**
Pale **Thistle**; Asteraceae
Apache, Chiricahua & Mescalero Food (Bread & Cake)
Seeds threshed, winnowed, ground and the flour used to make bread.
**Cirsium pallidum Woot. & Standl.**
Pale Thistle; Asteraceae
Apache, Chiricahua & Mescalero Food (Unspecified)
Seeds boiled and eaten.

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**Cirsium parryi (Gray) Petrak**
Parry's Thistle; Asteraceae
Keres, Western Other (Unspecified)
Taxon known and named but no use was specified.
Swank, George R. 1932 The Ethnobotany of the Acoma and Laguna Indians. University of New Mexico, M.A. Thesis (p. 37)

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**Cirsium pastoris J.T. Howell**
Snowy Thistle; Asteraceae
Paiute Food (Unspecified)
Stems peeled and eaten raw.

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**Cirsium remotifolium (Hook.) DC.**
Fewleaf Thistle; Asteraceae
Kwakiutl Drug (Oral Aid)
Root skins dried, soaked in water and used as a wash for mouth rashes and cankers.

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**Cirsium remotifolium (Hook.) DC.**
Fewleaf Thistle; Asteraceae
Kwakiutl Drug (Oral Aid)
Infusion of root used to wipe out child's mouth for rash and cankers.

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**Cirsium remotifolium (Hook.) DC.**
Fewleaf Thistle; Asteraceae
Kwakiutl Drug (Oral Aid)
Root held in mouth for rash or cankers in mouth and infusion used for children.

*Cirsium remotifolium (Hook.) DC.*
Fewleaf Thistle; Asteraceae
Kwakiutl Drug (Pediatric Aid)
Infusion of root used to wipe out child's mouth for rash and cankers.

*Cirsium rothrockii (Gray) Petrak*
Rothrock's Thistle; Asteraceae
Navajo, Kayenta Drug (Febrifuge)
Plant used for fevers caused by injuries.
Wyman, Leland C. and Stuart K. Harris 1951 The Ethnobotany of the Kayenta Navaho. Albuquerque. The University of New Mexico Press (p. 46)

*Cirsium rothrockii (Gray) Petrak*
Rothrock's Thistle; Asteraceae
Navajo, Kayenta Drug (Misc. Disease Remedy)
Roots used as a lotion or eaten raw for smallpox.
Wyman, Leland C. and Stuart K. Harris 1951 The Ethnobotany of the Kayenta Navaho. Albuquerque. The University of New Mexico Press (p. 46)

*Cirsium rothrockii (Gray) Petrak*
Rothrock's Thistle; Asteraceae
Navajo, Kayenta Drug (Panacea)
Plant used as a life medicine.
Wyman, Leland C. and Stuart K. Harris 1951 The Ethnobotany of the Kayenta Navaho. Albuquerque. The University of New Mexico Press (p. 46)

*Cirsium scariosum Nutt.*
Meadow Thistle; Asteraceae
Flathead Food (Unspecified)
Roots eaten raw or pit baked.
**Cirsium scariosum Nutt.**
Meadow *Thistle*; Asteraceae
Nez Perce Food (Unspecified)
Roots eaten raw or pit baked.

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**Cirsium eatonii (Gray) B.L. Robins.**
Mountain *Thistle*; Asteraceae
Gosiute Drug (Dermatological Aid)
Plant used for cuts and sores.

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**Cirsium eatonii (Gray) B.L. Robins.**
Mountain *Thistle*; Asteraceae
Gosiute Food (Unspecified)
Stems used for food.

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**Cirsium sp.**
*Thistle*; Asteraceae
Cherokee Drug (Poultice)
Roots of various species used as poultices.

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**Cirsium sp.**
*Thistle*; Asteraceae
Chippewa Drug (Analgesic)
Compound decoction of root taken for back pain.
Densmore, Frances 1928 Uses of Plants by the Chippewa Indians. SI-BAE Annual Report #44:273-379 (p. 356)
**Cirsium sp.**  
Thistle; Asteraceae  
Chippewa Drug (Gynecological Aid)  
Compound decoction of root taken for "female weakness."  
Densmore, Frances 1928 Uses of Plants by the Chippewa Indians. SI-BAE Annual Report #44:273-379 (p. 356)

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**Cirsium sp.**  
Thistle; Asteraceae  
Chippewa Drug (Gynecological Aid)  
Compound infusion of root taken to produce postpartum milk flow.  
Densmore, Frances 1928 Uses of Plants by the Chippewa Indians. SI-BAE Annual Report #44:273-379 (p. 360)

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**Cirsium sp.**  
Thistle; Asteraceae  
Kwakiutl Drug (Oral Aid)  
Dried outer root held in the mouth for cankers and gum sores.  

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**Cirsium sp.**  
Thistle; Asteraceae  
Lummi Drug (Gynecological Aid)  
Decoction of roots and tips taken by women at childbirth.  

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**Cirsium sp.**  
Thistle; Asteraceae  
Havasupai Food (Starvation Food)  
Leaves held in flames to burn the spines off and eaten by hunting parties when food was scarce.  

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**Cirsium tioganum var. tioganum**  
Tioga Thistle; Asteraceae  
Paiute Food (Unspecified)  
Roots eaten raw or roasted.
**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf *Thistle*; Asteraceae

Comanche Drug (Venereal Aid)
Decoction of root used for gonorrhea.

Navajo, Ramah Drug (Eye Medicine)
Cold infusion of root used as a wash for eye diseases.

Navajo, Ramah Drug (Panacea)
Root used as a "life medicine."

Navajo, Ramah Drug (Panacea)
Cold infusion of plant taken when one "feels bad all over."

Navajo, Ramah Drug (Veterinary Aid)
Cold infusion of root used as a wash for livestock with eye diseases.
**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf *Thistle*; Asteraceae
Shuswap Drug (Gastrointestinal Aid)
Root used for the stomach and body.

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**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf *Thistle*; Asteraceae
Comanche Food (Unspecified)
Raw roots used for food.

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**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf *Thistle*; Asteraceae
Gosiute Food (Unspecified)
Stems used for food.

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**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf *Thistle*; Asteraceae
Montana Indian Food (Vegetable)
Early spring roots eaten raw or cooked with meat.

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**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf *Thistle*; Asteraceae
Montana Indian Food (Vegetable)
Young, summer stalks eaten like asparagus and greens.

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**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf *Thistle*; Asteraceae
Okanagon Food (Staple)
Roots used as a principle food.
Teit, James A. 1928 The Salishan Tribes of the Western Plateaus. SI-BAE Annual Report #45 (p. 238)
**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf Thistle; Asteraceae
Shuswap Food (Unspecified)
Young roots roasted and eaten.
Palmer, Gary 1975 Shuswap Indian Ethnobotany. Syesis 8:29-51 (p. 59)

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**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf Thistle; Asteraceae
Thompson Food (Dried Food)
Dried roots rehydrated, scraped, chopped and cooked in stews.

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**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf Thistle; Asteraceae
Thompson Food (Dried Food)
Roots dried and stored for future use.

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**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf Thistle; Asteraceae
Thompson Food (Unspecified)
Fresh roots eaten cooked.

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**Cirsium undulatum (Nutt.) Spreng.**
Wavyleaf Thistle; Asteraceae
Thompson Food (Unspecified)
Root cooked and eaten.
Steedman, E.V. 1928 The Ethnobotany of the Thompson Indians of British Columbia. SI-BAE Annual Report #45:441-522 (p. 480)

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**Cirsium undulatum var. undulatum**
Wavyleaf Thistle; Asteraceae
**Cirsium vulgare (Savi) Ten.**
Bull Thistle; Asteraceae
Cherokee Drug (Analgesic)
Infusion of leaves taken for neuralgia.
Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

**Cirsium vulgare (Savi) Ten.**
Bull Thistle; Asteraceae
Cherokee Drug (Gastrointestinal Aid)
Warm infusion of roots taken to help person who overeats.
Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

**Cirsium vulgare (Savi) Ten.**
Bull Thistle; Asteraceae
Cherokee Drug (Poultice)
Roots used as poultice and decoction of bruised plant used to poultice sore jaw.
Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

**Cirsium vulgare (Savi) Ten.**
Bull Thistle; Asteraceae
Delaware Drug (Antirheumatic (External))
Hot infusion of roots or twigs used as a steam treatment for muscular swellings and stiff joints.

**Cirsium vulgare (Savi) Ten.**
Bull Thistle; Asteraceae
Delaware, Oklahoma Drug (Antirheumatic (External))
Infusion of whole plant used as herbal steam for rheumatism.
Tantaquidgeon, Gladys 1942 A Study of Delaware Indian Medicine Practice and Folk Beliefs. Harrisburg. Pennsylvania Historical Commission (p. 30, 74)
**Cirsium vulgare (Savi) Ten.**  
Bull Thistle; Asteraceae  
Delaware, Oklahoma Drug (Herbal Steam)  
Infusion of roots or twigs used as herbal steam for rheumatism.  
Tantaquidgeon, Gladys 1942 A Study of Delaware Indian Medicine Practice and Folk Beliefs. Harrisburg. Pennsylvania Historical Commission (p. 30)

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**Cirsium vulgare (Savi) Ten.**  
Bull Thistle; Asteraceae  
Iroquois Drug (Cancer Treatment)  
Plant used for cancer.  

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**Cirsium vulgare (Savi) Ten.**  
Bull Thistle; Asteraceae  
Iroquois Drug (Hemorrhoid Remedy)  
Decoction of whole plant taken and poultice of plant and wool applied to hemorrhoids.  
Rousseau, Jacques 1945 Le Folklore Botanique De Caughnawaga. Contributions de l'Institut botanique l'Universite de Montreal 55:7-72 (p. 63)

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**Cirsium vulgare (Savi) Ten.**  
Bull Thistle; Asteraceae  
Iroquois Drug (Hemorrhoid Remedy)  
Plant used for bleeding piles.  

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**Cirsium vulgare (Savi) Ten.**  
Bull Thistle; Asteraceae  
Iroquois Drug (Hemostat)  
Plant used for bleeding piles.  

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**Cirsium vulgare (Savi) Ten.**  
Bull Thistle; Asteraceae  
Meskwaki Drug (Adjuvant)  
Root used as a seasoner for medicines.
**Cirsium vulgare (Savi) Ten.**

Bull Thistle; Asteraceae

Navajo Drug (Emetic)
Decoction of plant taken to induce vomiting.

Elmore, Francis H. 1944 Ethnobotany of the Navajo. Sante Fe, NM. School of American Research (p. 84)

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**Cirsium vulgare (Savi) Ten.**

Bull Thistle; Asteraceae

Ojibwa Drug (Analgesic)
Root used by men and women for stomach cramps.


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**Cirsium vulgare (Savi) Ten.**

Bull Thistle; Asteraceae

Ojibwa Drug (Gastrointestinal Aid)
Root used by men and women for stomach cramps.


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**Cirsium vulgare (Savi) Ten.**

Bull Thistle; Asteraceae

Potawatomi Drug (Adjuvant)
Fresh flower centers chewed to mask unpleasant flavors in medicines.


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**Cirsium vulgare (Savi) Ten.**

Bull Thistle; Asteraceae

Hesquiat Food (Unspecified)
Flower heads chewed to get the nectar.

**Cirsium vulgare (Savi) Ten.**
Bull Thistle; Asteraceae
Thompson Food (Dried Food)
Roots dried and stored for future use.

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**Cirsium vulgare (Savi) Ten.**
Bull Thistle; Asteraceae
Thompson Food (Unspecified)
Fresh roots eaten cooked.

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**Cirsium vulgare (Savi) Ten.**
Bull Thistle; Asteraceae
Cherokee Other (Hunting & Fishing Item)
Down used as the tail for blow darts.
Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

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**Opuntia tunicata (Lehm.) Link & Otto**
Thistle Cholla; Cactaceae
Hawaiian Drug (Laxative)
Leaf juice and roots used for constipation.
Akana, Akaiko 1922 Hawaiian Herbs of Medicinal Value. Honolulu: Pacific Book House (p. 73)

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**Opuntia tunicata (Lehm.) Link & Otto**
Thistle Cholla; Cactaceae
Hawaiian Drug (Reproductive Aid)
Leaf juice and roots used by expectant mothers.
Salsola tragus L.
Prickly Russian Thistle; Chenopodiaceae
Keres, Western Other (Unspecified)
Taxon known and named but no use was specified.
Swank, George R. 1932 The Ethnobotany of the Acoma and Laguna Indians. University of New Mexico, M.A. Thesis (p. 68)

Salsola tragus L.
Prickly Russian Thistle; Chenopodiaceae
Navajo Drug (Dermatological Aid)
Poultice of chewed plants applied to ant, bee and wasp stings.
Elmore, Francis H. 1944 Ethnobotany of the Navajo. Sante Fe, NM. School of American Research (p. 44)

Salsola tragus L.
Prickly Russian Thistle; Chenopodiaceae
Navajo, Ramah Drug (Dermatological Aid)
Infusion of plant ashes used internally and externally for smallpox.

Salsola tragus L.
Prickly Russian Thistle; Chenopodiaceae
Navajo, Ramah Drug (Misc. Disease Remedy)
Infusion of plant ashes taken and used externally for smallpox and influenza.

Salsola tragus L.
Prickly Russian Thistle; Chenopodiaceae
Havasupai Food (Forage)
Young plants eaten by horses.

Salsola tragus L.
Prickly Russian Thistle; Chenopodiaceae
Navajo Food (Unspecified)
Sprouts boiled and eaten with butter or small pieces of mutton fat.
Lynch, Regina H. 1986 Cookbook. Chinle, AZ. Navajo Curriculum Center, Rough Rock Demonstration School (p. 27)

*Salsola tragus L.*
Prickly Russian Thistle; Chenopodiaceae
Navajo Food (Unspecified)
Roasted seeds used for food.
Hocking, George M. 1956 Some Plant Materials Used Medicinally and Otherwise by the Navaho Indians in the Chaco Canyon, New Mexico. El Palacio 56:146-165 (p. 155)

*Salsola tragus L.*
Prickly Russian Thistle; Chenopodiaceae
Navajo Food (Vegetable)
Very young, raw sprouts chopped into salads.
Lynch, Regina H. 1986 Cookbook. Chinle, AZ. Navajo Curriculum Center, Rough Rock Demonstration School (p. 27)

*Salsola tragus L.*
Prickly Russian Thistle; Chenopodiaceae
Navajo, Ramah Food (Fodder)
Young plants used for sheep and horse feed.

*Salvia carduacea Benth.*
Thistle Sage; Lamiaceae
Cahuilla Food (Porridge)
Parched seeds ground into flour, mixed with other seeds and used to make mush.
Bean, Lowell John and Katherine Siva Saubel 1972 Temalpakh (From the Earth); Cahuilla Indian Knowledge and Usage of Plants. Banning, CA. Malki Museum Press (p. 136)

*Salvia carduacea Benth.*
Thistle Sage; Lamiaceae
Diegueno Food (Spice)
Seeds added to wheat to improve the flavor.
Hedges, Ken 1986 Santa Ysabel Ethnobotany. San Diego Museum of Man Ethnic Technology Notes, No. 20 (p. 41)
**Salvia carduacea Benth.**

**Thistle** Sage; Lamiaceae  
Luiseno Food (Unspecified)  
Seeds used for food.  

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**Salvia carduacea Benth.**

**Thistle** Sage; Lamiaceae  
Tubatulabal Food (Unspecified)  
Seeds used extensively for food.  